



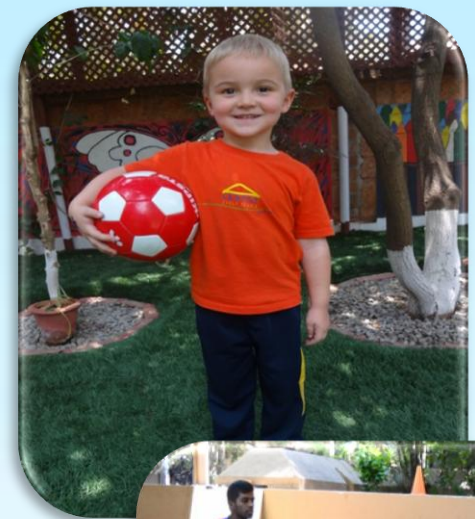
MULTISPORT PROGRAM FOR CHILDREN OF AGE GROUP BETWEEN 2.5 - 7 years.

Multisport is a healthy sports program that provides your child an opportunity at all kinds of varied sporting activities. This program not only helps the child to develop an understanding and excel at different fields of sports, but also gives them a chance to learn their innate abilities. At the same time, this program develops a fitness regime for your child to begin with and enhance as they grow. The program also manages to add a dash of fun so that your child enjoys the session, wanting them to engage in the activity more.

FITNESS: Training activities such as **exercises, stretching, balance training, obstacle courses** and **agility** training to increase your child's **endurance, strength and stability.**

SPORTS: **FOOTBALL, BASKETBALL, CRICKET** and more. We teach them how to **kick** the ball, **move** with the ball, **control** of the ball, **catching, dribbling, throwing, aiming** etc.

FUN: We conduct many **FUN GROUP ACTIVITIES** such as **Parachute games, BLUE BERRY HILL, SHARK AND THE GOLDEN FISH** etc. We use **20+ Props** to make the class **FUN** and **exciting.**



We teach them **FITNESS, SPORTS AND FUN ACTIVITIES** with an aim to improve the following aspects.

- ✓ Key focus on improving **HAND EYE CO-ORDINATION**, & **GROSS MOTOR SKILLS.**
- ✓ Develop sense of **CONFIDENCE.**
- ✓ Introduction to **BASIC SKILLS OF SPORTS.**
- ✓ Introduction to **LIFE SKILLS.**
- ✓ Most of all to **have FUN!!!**

TO KNOW MORE LOG ON TO WWW.MULTISPORT.CO.IN

